



# PARTICIPANT PACKING LIST

*for your YWx Trip*

## CLOTHING

During the week your clothes may endure paint, sweat, mud and lots of love from children! Bring clothes that you can work and play hard in. Make sure clothing covers all undergarments when you move around.

- Shorts *with at least a three-inch inseam.*
- Long pants - *Some service sites require these.*
- Short-sleeved shirts
- Long-sleeved shirts, sweatshirts and/or light jacket
- Underwear and socks
- Tennis shoes or work boots *that cover your whole foot and that can get dirty or wet. You'll wear these to service sites and in the kitchen. You can bring other shoes or sandals for the housing site.*
- Comfortable swimsuit *for high levels of activity. You may also want one for additional privacy when showering.*
- Towel and washcloth
- Shower shoes - *Flip-flops are great for this*
- Work gloves - *Optional; helpful if you're working outside*

## OTHER STUFF

- 3-5 face masks *in case they are needed during your trip*
- Small shower bag or backpack
- Towel and washcloth
- Soap, shampoo, deodorant, other toiletries, extra contact lenses, backup pair of glasses, etc.
- Sleeping bag and pillow
- Air mattress or camping pad *for sleeping on floors; mattresses must be twin size or smaller*
- Bible and pen
- Reusable water bottle
- Sunscreen, lip balm, hat, sunglasses
- Spending money for snacks and souvenirs *talk to your Trip Leader for further details.*
- Flashlight

## NOTES ON PACKING

Because space is limited in the sleeping rooms, everything but your sleeping bag and camping pad or air mattress should fit in one duffel bag or suitcase.

Please check the weather forecast for the community you are visiting to help you know how to pack.

Coordinate with others in your group to make sure that you have some of the following:

- Insect repellent
- Battery-powered alarm clock

## PLEASE AVOID BRINGING

- **Blow dryers, curling irons or straightening irons.** Shower time is short and many of our housing sites do not have the power to run all these small electronics at one time.
- **Electronic devices, too much cash or other valuables** that you would consider to be irreplaceable. Also, consider leaving your phone at home. These items can distract you from others during the week and may be susceptible to theft. *YouthWorks is not responsible for any lost or stolen items.*
- **Clothing with obscene, vulgar, threatening, abusive or discriminatory language or images.** Do not bring any apparel that represents hate groups or is gang-related, or any apparel that promotes alcohol, chemicals, tobacco or any other product illegal for use by minors.